

SSI AND GALVESTONE METHOD IN THE TREATMENT OF NEUROMUSCULAR SCOLIOSIS

N. Bilsel, M. Hız,, I. Akgün, T. Centel

In severe neuromuscular scoliosis, surgery is the definitive treatment. Most of these patients may be managed by posterior approach alone and SSI is the treatment of choice. Some of these patients will require fusion to the pelvis. If pelvic fusion is necessary we prefer to use Galvestone method which described by Allen and Ferguson.

Between 1986-1989 we treated five neuromuscular scoliosis using these methods. Four of the patients were the sequelae of polio and one of the patients had, Kugelberg Willander disease. In one patient with neuromuscular scoliosis due to polio, we applied anterior release and Webb Morley anterior instrumentation system as the first stage and then SSI was applied as the second stage. Remaining four patients were treated by posterior approach alone.

The post-operative mean correction was calculated as 32° using the Cobb's method. In two patients who had severe pelvic tilt Galvestone method was applied, to correct the pelvic tilt also.

Four of our patients were not able to walk before the operation, three of them are now able to walk with the help of crutches. SSI and when required Galvestone modification are the treatment of choice of Neuromuscular Scoliosis in our experience.

Key Words : Pelvic Obliquity, SSI, Galvestone, Lumbar Scoliosis.

The surgical treatment of Neuromuscular Scoliosis presents some different features when compared with Idiopathic Scoliosis. The curve of neuromuscular scoliosis is frequently at the lumbar region with marked increase of the Lumbar Lordosis and resulting pelvic tilting due to scoliosis and lumbar lordosis. The pelvic tilting that caused by lumbar lordosis and scoliosis should be corrected to provide easy walking of the patient in the majority of the cases. This can be accomplished by a lumbosacral fusion in the patients with lower lumbar curves. The correction of pelvic tilting and obtaining a solid lumbosacral fusion present some important technical difficulties. Many methods have been described to deal with these problems in the literature (3-4). In this paper, I would like to overview the results of the cases that were treated by segmental spinal instrumentation and Galvestone method of Lumbosacral fusion.

MATERIALS AND METHODS

Five patients with neuromuscular scoliosis have been treated at our clinic between 1986 and 1989. The

cause of scoliosis was poliomyelitis in 4 cases and Kugelberg Willander type muscular dystrophy in one case. Two patients have been treated by Galvestone method posterior instrumentation, three patients have been treated by Luque type segmental spinal instrumentation only. One of these patients had a very rigid curve. That patient was treated by anterior discectomy first and Luque type SSI was performed as a second stage. No kind of external support or cast has been used in any patient at the post operative period.

Non ambulating three patients with poliomyelitis prior to operation have been able to walk with double long leg walking caliper after the operation. One patient who was able to walk with double long leg walking caliper before the operation became asymptomatic regarding his complaints due to lumbar instability and pelvic tilt. The patient who had Kugelberg Willander disease was enabled to sit after the operation. That patients was not able to sit before.

Mean follow up time was 28 months Mean correction of the scoliosis was 32 degrees. The pelvic tilting of the first patient that was treated by Galvestone Method was corrected 70 percent. The correction rate of the second patient was 30 percent. The cranial ends of the L rods of the first patient emerged under the skin and these ends were shortened by cutting one year later. Two sublaminar wire breakage were observed in the patient with Kugelberg Willander disease, but that patient has no complaint due to wire breakage.

N.Bilsel.M.D., M.Hız.M.D., I.Akgün,M.D., T.Centel, M.D. Department of Orthopaedics and Traumatology, Cerrahpasa Faculty of Medicine University of Istanbul, TURKEY

DISCUSSION

The correction of spinal deformities by using the every segment of vertebral column was described by Alves of Portugal first (2) and became popular by Luque's introduction of the sublaminar wiring. The segmental pedicular screw fixation is the recent development of the segmental instrumentation, nowadays. The Luque type SSI that was used in these patients provided a segmental and rigid fixation resulting an easier fusion without any external postoperative support in the treatment of the scoliosis that was due to muscular imbalance in our experience. The Galvestone method that is originally a modification of Luque's technique, provided more secure fixation of the Lumbosacral region superior to other methods by using the sacral sublaminar wires (1). a good example of this method is a posterior lumbosacral fusion of L5-S1 spondylolisthesis cases by using sacral sublaminar wires. Although our experience with Galvestone method is fairly limited, if the iliac bone is atrophic in any patient (one of our cases was like that) the application of the L rods to the iliac bone requires meticulous caution and the fixation is not so secure as expected in such patients. Overlooking the cases with lower neuromuscular scoliosis that were treated by SSI instead of Galvestone technique I think that Galvestone method would provide more superior results.

Angular correction is directly related to the flexibility of the curve. That is why we had obtained 65 percent postoperative correction in our first patient that was treated by Galvestone technique. The end results of the evaluation of 5 cases that was treated by SSI are as follows. The flexible Lower Lumbar curves due to neuromuscular scoliosis should be treated by Galvestone method. The rigid curves should be released by anterior discectomy before and subsequently the Galvestone method is the method of choice as a second stage in the treatment of neuromuscular scoliosis.

REFERENCES

- 1 . Allen, B.L Jr, Ferguson, R.L : The Galvestone technique for L-rod instrumentation of the scoliosis spine. Spine 7 : 119-127, 1982.
- 2 . Lcalhrman DK, Dickson, AR : The Management of Spinal Deformities Wright, 1988
- 3 . Mayer P, Dove J, Ditmanson M, Shen YS : Post-poliomyelitis paralytic scoliosis : A review of curve patterns and results of surgical treatment in 118 consecutive patients, Spine 6: 573-582, 1981
- 4 . O'Brien J. P, Dvvyer AP, Hodgson AR : Paralytic pelvic obliquity : It's prognosis and management and the development of a technique for full correction of the deformity J. Bone Joint Surg. 57 A : 626-631, 1975.