



- 1- In the study by Wascke et al., how many patients who received microdiscectomy also received a fat graft?
 - a) 34
 - b) 44
 - c) 54
 - d) 64
 - e) 74
- 2- Which of the following conclusions is correct according to the study by Wascke et al.?
 - a) No effect of fat grafts was detected on the development of postoperative epidural fibrosis.
 - b) Statistically, fat grafts significantly increase postoperative epidural fibrosis.
 - c) Statistically, fat grafts significantly decrease postoperative epidural fibrosis.
 - d) A fat graft with steroids is more effective in terms of preventing epidural fibrosis.
 - e) A fat graft with methotrexate is more effective in terms of preventing epidural fibrosis.
- 3- In the study by Günaldı et al., how many patients with spinal stenosis under the age of 50 were included?
 - a) 11
 - b) 21
 - c) 31
 - d) 41
 - e) 51
- 4- In the study by Günaldı et al., which of the following is the vertebral level at which spinal stenosis was observed under the age of 50?
 - a) L1-2
 - b) L2-3
 - c) L3-4
 - d) L4-5
 - e) L5-S1
- 5- In the study by Günaldı et al., which of the following methods should be preferred for patients with a unilateral complaint?
 - a) Total laminectomy
 - b) Total laminectomy + posterior instrumentation
 - c) Anterior decompression
 - d) Hemilaminectomy
 - e) Microsurgical decompression with a trans-spinous approach
- 6- In the study by Oflluoğlu et al., how many patients with carpal tunnel syndrome were evaluated?
 - a) 460
 - b) 560
 - c) 660
 - d) 760
 - e) 860
- 7- In the study by Oflluoğlu et al., what percentage of patients with carpal tunnel syndrome also showed spinal stenosis?
 - a) 5%
 - b) 10%
 - c) 15%
 - d) 20%
 - e) 25%
- 8- Which of the following is correct, according to the study by Oflluoğlu et al.?
 - a) As the severity of carpal tunnel syndrome increases, the incidence of accompanying spinal stenosis decreases.
 - b) As the severity of carpal tunnel syndrome increases, the incidence of accompanying spinal stenosis increases.
 - c) There is no correlation between the severity of carpal tunnel syndrome and the incidence of accompanying spinal stenosis.
 - d) Spinal stenosis is always present for all cases, regardless of the severity of carpal tunnel syndrome.
 - e) None of the above.
- 9- At which vertebral level was an intraspinal schwannoma located for the patient in the case report by Yıldırım et al.?
 - a) L1
 - b) L2
 - c) L3
 - d) L4
 - e) L5
- 10- In the case report by Günaldı et al., how many patients required reoperation due to recurrence?
 - a) None
 - b) Only one patient
 - c) Two patients
 - d) Three patients
 - e) Four patients

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ANSWERS OF CME
QUESTIONS:**

1. b		6. e
2. d		7. c
3. b		8. d
4. b		9. c
5. d		10. c